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Headgear Treatment

What is it?

Headgear therapy is used for early bite correction. It consists of placing bands (metal rings) around the upper six-year molars to act as anchors into which the headgear fits.

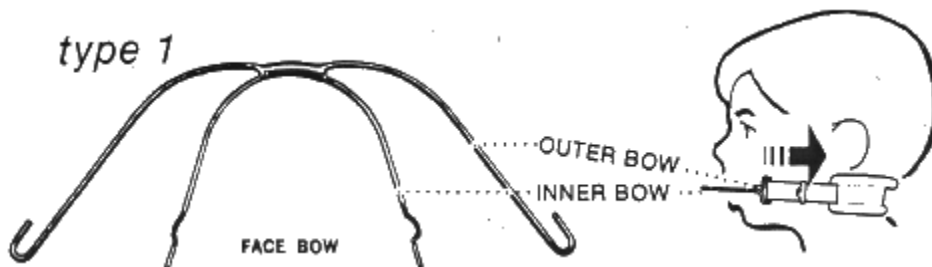
This appliance is used in cases where the upper teeth or jaw are too far forward. The headgear slows the upper jaw in its forward growth and allows the lower jaw to catch up simply by developing at its natural rate during the period of early facial growth.

NOW YOUR PART.....

1. Wear the appliance from 12 to 16 hours, or as you have been instructed.
2. Some temporary discomfort may be experienced during the first night or two. Molar teeth may become tender and even a little loose. Falling asleep may be difficult. If you wish, take what ever you would take for a headache.
3. Once you start headgear treatment, you must keep it up continuously. Wear the headgear everyday and all night. If you leave it off for just one night, you may have to wear it **MANY EXTRA NIGHTS** and extend your treatment unnecessarily.
4. Use a “score card” to keep account of the number of hours you wear the appliance each day and night. **THIS IS IMPORTANT!**
5. Please do not wear your headgear during rough play and sports. This could result in injury to you.

Types of Headgear:

“NECK” HEADGEAR



1. Handle everything carefully, especially when removing or inserting the inner bow. **Never**, we repeat, **never** try to pull the headgear off without first unhooking the elastics or the strap, which is attached to the outer bow.
2. Protect the bow when not in use by keeping it, with neck strap, in a container. If the bow is lost or distorted, call us immediately.
3. If a band, which is cemented to a tooth, becomes loose, call for an urgent appointment. Bring the band and all other materials with you of course.